

MEHNDI TRAINING PROGRAM (SHORT-TERM CERTIFICATE COURSE)

Duration: 3 September 2025 – 6 November 2025

Total Hours: 30 Hours

Trainers: Mrs. Kiran & Ms. Sonal

Total Participants Trained: 32 Students

Organized Under: Internal Quality Assurance Cell, Arya Kanya Degree College, a Constituent College of University of Allahabad, Prayagraj.

Objectives of the Practice

The Mehndi Training Program was undertaken as a short-term certificate course with the following objectives:

- To equip students with vocational skills that enhance employability and self-reliance.
- To promote creative expression and cultural art forms among learners.
- To develop competency in professional mehndi design techniques.
- To encourage entrepreneurship among students by enabling them to take up freelance mehndi assignments.
- To support NAAC's emphasis on skill development, community engagement, and value-added courses.

With increasing demand for skill-based education, the institution identified the need for short-term vocational courses that supplement academic learning. Mehndi application is a culturally significant and commercially viable skill in India, especially during festivals, weddings, and community events. Many students, particularly from economically modest backgrounds, seek accessible training that can help them generate income.

The 30-hour Mehndi Training Program was introduced to bridge this gap by offering structured, hands-on training facilitated by skilled practitioners.

The certificate course was conducted from **3 September 2025 to 6 November 2025**, totalling **30 hours** of practical and theoretical learning. This was the **second batch** of the Mehndi Training Program. The first batch was successfully conducted earlier from 3 September to 3 October 2024, reflecting the continued demand and positive response from students. The training was delivered by **Mrs. Kiran** and **Ms. Sonal**, both experienced practitioners with professional expertise in bridal and contemporary mehndi styles.

Key Components of the Practice

- 1. Introduction to Mehndi Art**
 - History, cultural significance, and contemporary trends.
- 2. Basic Techniques**
 - Cone preparation, grip, pressure control, and line precision.
- 3. Pattern Development**
 - Floral motifs, geometric patterns, peacock motifs, Arabic designs, Indo-Arabic fusion.
- 4. Advanced and Bridal Designs**

- Full-hand and intricate bridal mehndi designs.

5. **Hands-on Workshops**

- Daily practice sessions for skill refinement.

6. **Entrepreneurship Training**

- Basics of pricing, client handling, festival-based bookings, and social media marketing.

7. **Assessment and Certification**

- Practical assessment followed by certificate distribution

The program witnessed enthusiastic participation, with **32 students successfully completing the course**. Feedback indicated increased confidence and improved artistic skills. Outcomes included:

- Students independently applying mehndi at college events and community functions.
- Some students receiving paid assignments during festive seasons.
- Enhanced creativity, patience, and fine motor skills.
- Increased awareness about potential career pathways in beauty and design industries.

Certification was provided to all participants, validating their newly acquired skills and enhancing their employability profile.

Problems Encountered and Resources Required

Challenges

- Initially, some students struggled with design symmetry and cone handling.
- Ensuring personalized attention for each participant in large groups required extended practice hours.
- Availability of practice materials and cones needed continuous replenishment.

Resources Used

- Cones, practice sheets, mehndi paste, manuals, and design templates.
- Dedicated training space within the college premises.
- Expertise of the two external trainers.

The Mehndi Training Program is recommended to be conducted annually as part of the college's best practice. Collaboration with local beauty professionals, salons, and vocational training institutes can further diversify the curriculum.

The Mehndi Training Program successfully aligned with the IQAC Best Practices framework by integrating skill development, cultural learning, and employability enhancement. It not only empowered students with a practical vocational skill but also fostered confidence, creativity, and entrepreneurial thinking. With 32 trained participants, the initiative demonstrated the institution's commitment to holistic education and community-oriented development.

Pictures:



