

INTERNATIONAL WEBINAR
e-LECDOM
ON
**INDIAN MUSIC IN STRESS MANAGEMENT
DURING PANDEMIC**

वैश्विक महामारी:तनाव प्रबंधन में भारतीय संगीत

17th JUNE 2020 11:00 AM -02:00 PM

Organized By



Department of Music

Arya Kanya Degree College, Prayagraj

(Constituent college of University of Allahabad)



About college:

Arya Kanya Degree College is a prestigious College for women. The College was **founded in 1975, the International year of women** and is based on the noble principles of Swami Dayanand Saraswati, founder of Arya Samaj. It is a Constituent College of the University of Allahabad which achieved the status of Central University on 14 July, 2005. The College is located in Mutthiganj, a thickly populated area of the city. The goals and objectives of the College are focused towards proper education of women to build character and make them economically empowered. Our endeavor has been to promote independent thinking among young girls so that they may not only make responsible citizens that contribute to the growth of the national economy but play the role of an anchor in their own families

About Webinar:

Today the whole world is suffering from tragic covid-19 Pandemic. Every single being is trying to cope with this situation and live their lives accordingly. From every perspective i.e. Social, Cultural, Musical & Literary, humans are affected. Everyone is traumatized both physically and mentally. In such a traumatic situation, to recover one self from sore heart and mental inutility, one effective method is Music. Who in the world is not familiar with the vitalizing power of music? Music as therapy has shown positive and beneficial effects in managing mental condition. It can also reduce pain and anxiety and improve quality of life. Music therapy has been used since ancient times to heal the sick, today more and more people are incorporating. It in their everyday life to fight stress, pain, enhance their decision making skills, increase self confidence and also improve concentration./Music in any of its form i.e. classical, semi-classical, Light Music and Folk Music, always enlightens human soul and gives a boon of life to the woeful heart of human beings. Taking inspiration from this thought. Our college has pledged to Arianne this International webinar planned on - Indian Music in stress Management during pandemic. I believe that with the help of this webinar, in these adverse situations we could with the life enlightening musical performances try to lean towards a more resilient life.

Subtopics:

1. Challenges faced during online teaching of Music.
ऑन लाइन संगीत शिक्षण की चुनौतियाँ
2. Music: As a healing therapy
संगीत चिकित्सा
3. State of artists in the situation of Corona Pandemic
कोरोना संक्रमण काल में कलाकारों की स्थिति

Call for Paper:

Paper proposal in the form of Abstracts and full papers are invited on the above themes. The abstract (not exceeding 250 words) and full paper (not exceeding 2000 words) should be submitted in English (Times New Roman, 12 Font) and Hindi (Kruit Dev 010, 14 Font) in soft copy to the convener of the seminar. The paper should be mailed to ibha.sirothia@gmail.com. Selected papers will be published in edited book with ISBN number. E-Certificates will be issued to all participants.

Last date for submission of abstract:-15 June 2020.

Last date for submission of paper:-20 July 2020.

Who can attend: faculty members, research scholars, Students from all the disciplines, and Music lovers can attend.

Registration:

URL for registration of webinar: - <https://forms.gle/Wa4TvNyuuhWocvjAA>
. Link is also available on our college website, <http://www.akpgc.in>.

No registration fee will be taken.

Speakers and Performers:

1. Prof. Swatantra Sharma
Ex Vice-Chancellor.
Raja Man Singh Tomar Arts and Music University.
Gwalior, M.P.



2. Prof. Prem kumar Mallick
Head of Department Music and performing Arts
University of Allahabad,
Prayagraj, U.P.



3. Dr. Ram Shankar
Asst. professor
Department of Vocal Music
Faculty of performing Arts
B.H.U, Varanasi, U.P.



4. Dr. Joita Bose Mandal
Artistic Director of Kamalanjali
California
And co-founder of International Sangeet Sankalp
Los Angeles, CA, U.S.A



5. Dr. Surendra Kumar
Asst. Professor
Music department
Central University of Gangtok, Sikkim



6. Dr. Sita Thappa
Lecturer
Lalit Kala College T.U.
Bhaktpur , Nepal



7. Mrs. Arti Asthana
Music teacher in star Academy of music
Mumbai, Maharashtra



Chief Patron

Prof. R.R. Tewari
Hon'ble Vice Chancellor
University of Allahabad



Patron

Shri Pankaj Jaiswal
Chairman, governing body
Arya Kanya Degree College



Chairperson

Dr. Rama Singh
Principal
Arya Kanya Degree College



Convener

Dr. Ibha Sirothia
Associate Professor
Dept. of music
Arya Kanya Degree College



Organizing Committee

1. Dr. Mamta Gupta
Associate Professor
Dept. of English
Arya Kanya Degree College



2. Dr. Ranjana tripathi
Assistant Professor
Dept. of Music
Arya Kanya Degree College



3. Dr. Chitra Chaurasiya
Assistant Professor
Dept. of Music
Arya Kanya Degree College



4. Mrs. Shikha Jaiswal
Librarian
Arya Kanya Degree College



Essentials for Joining the webinar:-

- Install zoom app.
- You have Registered for the webinar.
- One should have a proper internet connectivity on the device in which zoom app is installed.
- For joining the webinar, registered participants can join either by just clicking on link or by entering zoom id and password on the zoom app which will be sent to them on respective email addresses.

Contact us:-

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